

OTHER RESOURCES

The following listings are community organizations. Please call the phone number listed with each group for support group meeting information.

- **Aids Support**
863-299-2348
- **Alzheimer's Support**
Alzheimer's Association, Florida Gulf Coast Chapter, 863-292-9210
- **Epilepsy Support Group**
Epilepsy Services of West Central Florida, 863-686-5880, www.epilepsyservices.com
- **Grief Support**
Good Shepherd Hospice, 863-968-1707
- **Lifelink Donor Awareness & Support Group**
Lifelink Volunteer Betty Hewlett, 863-439-5347
- **Lupus Support**
863-956-3904
- **Mental Illness Support & Advocacy for Families & Individuals**
National Alliance for the Mentally Ill (NAMI), 863-533-4411, www.namipolk.com



Winter Haven
Hospital

Compassion. Innovation. Trust.



As part of our commitment to the patients and communities we serve, Winter Haven Hospital offers various support groups.

The meetings listed below are offered at no charge to all participants and are facilitated by hospital professionals that are dedicated to our promise – Compassion. Innovation. Trust.

Aphasia Support Group

Meets the 1st Thursday of each month from 4 p.m. to 5:30 p.m. Call Rehabilitation Services at 863-293-1121, ext. 3614 for meeting place information.

Better Breathers Group

Meets four times a year between September and May for those with, or affected by, chronic lung disease. Meetings include guest speaker and oxygen level screenings. For more information, call Pulmonary Rehabilitation at 863-293-1121, ext. 1355.

Brain Injury Support Group

Meets the 4th Tuesday of the month from 7 p.m. to 8:30 p.m. in the Wellness Center Conference Room at Winter Haven Hospital. For more information, call Rehabilitation Services at 863-292-4060.

Breast Cancer Woman to Woman Support Group

Meets the 2nd and 4th Mondays of each month from 7 p.m. to 8 p.m. at Winter Haven Hospital's Regency Center for Women and Infants. For more information, call the Regency at 863-294-7020.

Cancer Support Group

Meets the 2nd Friday of each month from 1:30 p.m. to 2:30 p.m. in the Wellness Center Conference Room at Winter Haven Hospital. For more information, call Chaplain Services at 863-293-1121, ext. 3363.

Diabetes (Adult) Support Group

Meets the 1st Tuesday of each month at 4 p.m. in the Wellness Center Conference Room at Winter Haven Hospital. This group is open to any adult with, or affected by, diabetes. For more information, call Education Services at 863-293-1121, ext. 3066.

Heart to Heart Cardiac Support Group

Meets the 2nd Tuesday of each month from 3 p.m. to 4 p.m. in the Wellness Center Conference Room at Winter Haven Hospital. For more information, call the Bostick Heart Center at 863-292-4688.

Mental Health Peer Recovery Group

Meets Wednesdays from 12:30 p.m. to 4:30 p.m. in the PRP room at Winter Haven Hospital's Center for Behavioral Health. Provides education, socialization, employment skills and support for those who have a mental health diagnosis. For more information, call 863-293-1121, ext. 5716.

Ostomy Club

Meets the 3rd Wednesday of each month at 10 a.m. in the Wellness Center Conference Room at Winter Haven Hospital. For more information, call Enterostomal Therapy at 863-293-1121, ext. 1511.

Parents First Months Club

For parents of children birth to 24 months old; meets every Wednesday from 3 p.m. to 4:30 p.m. at Winter Haven Hospital's Regency Center for Women and Infants. For more information, call the Regency at 863-294-7020.

Stroke Support Group & Esteem Alumni

Meets the 2nd Friday of the month from 12:30 p.m. to 2 p.m. in the Private Dining Room of the Cafeteria at Winter Haven Hospital. For more information, call Rehabilitation Services at 863-292-4060.

If you are interested in a specific support group, but do not see it listed here, call our Health Connection Line to see how we may accommodate you: 800-416-6705.